



Week 6

Growth Group Opener:

If you had to describe yourself as a household appliance or product, what would you be and why?

Read Genesis 2:18-25

What stands out to you about v18?

Why do you think God proclaims that being alone is not good, even prior to sin?

What is the difference between solitude and isolation?

Where are you tempted toward self-sufficiency instead of interdependence?

Why do you think God had the man name all the animals before creating woman?

Sometimes an awareness of lack is not detrimental...it is preparation.

Have you experienced a season where God allowed you to feel need before he provided?

Read Psalm 33:20 & 70:5

The Hebrew word "help" in these Psalms is the same as "helper" in Genesis 2.

How does hearing both God and the woman described with this same phrase shape your view of the role and position God created her to fill?

How does this truth shape how you think about the part of man used to form woman?

What does the man's verbal response to the woman reveal about how he saw her?

V25 reveals that there was no need to hide, no shame, in God's design, physically, relationally, or spiritually. What was also absent to make this possible?

How do power, comparison, insecurity, & distrust show up in relationships now?
Ask God to show you where you might be hiding emotionally, spiritually, or relationally.

What do we learn about God in these passages?

Is there anything you feel the Holy Spirit inviting you to look at more closely?

Prayer:

Father, thank you for your goodness and provision. You created us for relationship, and we pray you heal the places where fear, pride, or shame have shaped how we relate to you or one another. Help us live known and unashamed. In the name of Jesus, amen.